

# NDURANCE

## LABOR DAY 5K

**HOSTED BY NCHS CROSS COUNTRY**

### RACE REGISTRATION

This form **MUST** be completed and turned in with race fee **BEFORE** the event. Walk-up registration is from 7:00-7:45 AM race day at the NCHS Athletic Gate.

FEES: \$15 for runners & walkers before race day, \$20 day of event.  
(Make checks payable to Nelson County High School Cross Country)

AWARDS: top three in each age division receive awards

AGE DIVISIONS: KIDS (to grade 8), HIGH SCHOOL (grades 9-12), YOUNG ADULT (age 18-29), ADULT (30-39), MASTERS (40-59), SENIOR (60+)

***Participant Information***

Name	
Street Address	
City, State, Zip	
Gender / Age Division	M <input type="checkbox"/> F <input type="checkbox"/> /
Home Phone Number	
Emergency Contact	
Emergency Phone	
Family Doctor/Phone	
Allergies?	
Special Instructions	

***Parental Consent for Participants under 18 years of age***

Parent Name	
Work/Cell Phone	
Signature of Parent	

***Waiver of Liability***

<p>I understand that running is a strenuous physical activity. In order that I/my minor child may participate in the activity or activities at the Ndurance Labor Day 5K (NLD5K), I forever waive my right (and my child's right) to sue the City of Bardstown, Bardstown Parks &amp; Recreation, Nelson County Schools, and Nelson County High School (including directors, staff, employees and other contracted parties) for any injury I/my minor child may suffer arising out of my/my minor child's participation in this activity. I understand that by signing this document, all liability of the City of Bardstown, Bardstown Parks &amp; Recreation, Nelson County Schools, and Nelson County High School (including directors, staff, employees and other contracted parties) to myself/my minor child for any injuries I/my minor child may suffer arising out of my/my minor child's participation in the activity or activities at the NLD5K will be forever extinguished.</p>	
Signature	
Date	